



# Great Harvest Bread Co.®

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Alpharetta, GA 30005  
678-209-2229

## The Freshest WHOLE GRAIN Breads



### PEANUT BUTTER CHOCOLATE CHIP

Come try one of our most unique whole grain creations. To make this bread, we start with our 100% golden wheat and yummy peanut butter.

Then we add plenty of chocolate chips! This bread makes a quick, easy and healthy snack for the kids at the pool or after school. (Mon & Thurs)

### BREAKFAST BLAST

It is definitely a fun bread to eat. Made from 100% whole grain flour and loaded with rolled oats, diced dates and a cinnamon burst in every bite. Get your kids off to school with a couple of slices of toasted Breakfast Blast. (Wed & Sat)



Great Harvest **TEACAKES** are made from-scratch every day and are a perfect breakfast or snack. Enjoy the return of

**BROWNIE BREAD TEA CAKE.** If you love chocolate this is for you. An unusual teacake made with no egg or butter but plenty of chocolate..

**BLUE RIBBON TEACAKE** real vanilla with a lot of blueberries folded into a sour cream batter.



**DOG DAYS  
of SUMMER!**

### DON'T FORGET FIDO!

Pick up some tasty, healthy, whole grain dog bones. If you purchase a pack this month for your dog, half of the purchase price will go to the Alpha K Search & Rescue. (daily).

### SPINACH FETA

Everyone knows that we need to increase leafy greens in our diet.

Spinach Feta, loaded with favor. Dinner or make a gourmet sandwich on it. (Tues & Fri)



### GEORGIA HERB *fresh milled*

100% whole grain wheat and Rye flour. We add fresh ground onion, dill and a touch of honey for sweetness. Take it home to build a

gourmet sandwich or serve with dinner. We offer a great new Sandwich on this amazing bread. Topped with poppy and sesame seeds.



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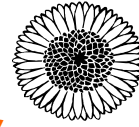
### **BUSSINESS PARTNERSHIPS**

Part of the Great Harvest mission statement is "give generously to others." We love our local schools and want to make sure we have included your school as a **BUSINESS PARTNER** for the year. We provide a lot of baskets, gift cards, cookies, sandwiches and bread to help support your many school activities. Email to : [GHBCDONATION@yahoo.com](mailto:GHBCDONATION@yahoo.com)

Store Hours: Monday-Friday 7am - 6:30pm, Saturday 7am - 5:30pm Hot fresh bread by 11am  
Full selection and **ALL ORDERS AVAILABLE BY 12:30 PM** Sandwiches 7am-6pm  
Our Alpharetta store is Open on Mondays 11-7:30 pm

# AUGUST BREADS

*Daily Bread:* Honey Wheat, Honey White, White Cinnamon Swirl, Fruity Tootie (White Chocolate), Dakota, Calzones (3 Cheese Pepperoni)



## MONDAY

### WHOLE GRAIN BREADS

High 5 (highest fiber)

Living Lite (low carb)

Morning Glory Breakfast

Peanut Butter & Chocolate

### OTHER VARIETIES

Sourdough

Blue Ribbon Teacakes

## TUESDAY

### WHOLE GRAIN BREADS

Organic Spelt

(lower gluten)

### OTHER VARIETIES

Spinach & Feta

Gluten Free Plain

French Baguette

Country French

Brownie Bread Tea Cake

## WEDNESDAY

### WHOLE GRAIN BREADS

Sprouted Wheat

(Ezekiel -5 days sprout)

Breakfast Blast

Living Lite

Georgia Herb (Rye & Wheat)

### OTHER VARIETIES

Sourdough

Cheese Wonder Sourdough

Pumpkin Chocolate Chip



## THURSDAY

### WHOLE GRAIN BREADS

Organic Spelt (lower gluten)

Living Lite Crunch

Peanut Butter & Chocolate

### OTHER VARIETIES

5 seed Gluten Free

French Baguette

Country French

Blue Ribbon Teacake

## FRIDAY

### WHOLE GRAIN BREADS

Living Lite

Woodstock (nut & seed)

### OTHER VARIETIES

Cinnamon Chip

Sourdough

Cheese Wonder Sourdough

Spinach Feta

Challah

Apple Scrapple

Pumpkin Chocolate Chip

## SATURDAY

### WHOLE GRAIN BREADS

Breakfast Blast

Georgia Herb (Rye & wheat)

### OTHER VARIETIES

French Baguette

Country French

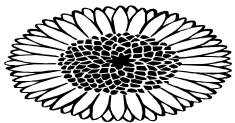
Brownie Bread Tea Cake

### PRETZELS

Thursday, Friday & Saturday

### SOURDOUGH BISCUITS

Monday, Tuesday & Wednesday



# AUGUST GOODIES

## LOW-FAT MUFFINS

(MON, WED, FRI)

Blueberry & Peach

Dakota Date

(TUE, THU)

Fruit Explosion

Raspberry Fig & Walnut

## SCONE

(DAILY)

Cinnamon Chip

(MON & FRI)

Strawberry Cheese Cake

## COOKIES

(DAILY)

Dillon

(TUE & THU)

Oatmeal Raisin

(MON, WED & FRI)

Snickerdoodle

## BARS

(Mon & Thurs)

Peanut Butter &

Strawberry Jam Bar

(Tuesday & Friday)

Magic

SCHOOL BUS Bar



## GLUTEN FREE SWEET BAR

(Tues & Thurs)

Chocolate & Walnut GF

## DAILY

Savannah Bars

Cinnamon Rolls

Crème Brulee -Bread

Pudding

Lemon Blueberry

Biscotti

## AFTER SCHOOL SNACK IDEAS WITH HONEY WHOLE WHEAT BREAD

**SMART MONKEY** Spread slices with "Naturally Nutty Butters," then add a layer of sliced bananas.

**CUT-OUTS** Press cookie cutters into slices & top with cream cheese!

**APPLES & CHEESE** Layer slices of cheddar cheese & thinly sliced fresh green apples on untoasted bread.

**FUNNY FACE APPLE TOAST** Mix food coloring & milk, paint bread with q-tip or fingertip, then toast!