

JANUARY 2024 HIGHLIGHTS

HEALTH --> HAPPINESS

Making the best food choices in the New Year

New year. New resolutions. New beginnings.

It's time for everyone to stop settling for store bought bread. While here at Great Harvest:

- We know where our wheat comes from
- We don't use preservatives or dough conditioners
- We use pure, simple, and often local ingredients/suppliers
- We allow bread to naturally ferment and prove
- We make bread with love just like home-made
- We accept that great bread takes time & effort

So why settle for stuff that is called bread, but has an ingredient list that reads more like a science project?

In the New Year, many people resolve to lead a healthier lifestyle that starts with healthy food. And that includes true, whole grain bread instead of just avoiding bread altogether. We make bread that can be enjoyed as part of a healthy lifestyle as we make **Bread the Way it Ought To Be!**

Switch over to one of delicious whole-grain breads or transform someone else's 'loaf' forever by gifting them our delicious wholegrain bread loaf. There's an option for every diet, occasion.

Healthy & Wholesome Breads- Tuesdays

1/9 - **Superfood Quinoa** - oat bran, flax & hemp seeds, quinoa

1/16 - **Hummus** - chickpea protein boost w/ light savory flavor

1/23- **Woodstock** - sunflower & flax seeds, walnuts, pecans (n)



King Cake - 2 sizes - Pecans or Plain

Great Harvest King Cakes are back and they're just as delicious and make for the perfect celebration gift, centerpiece, to share with friends/colleagues or just a treat for the family.

Delicious cinnamon swirled bread covered with a cream frosting and decorations (including the baby) on the side.



PROFESSIONAL LOAFERS KNEADED

To be handmade takes many hands so join us.....

We're looking for:

- Bright minds
- Strong bodies
- Generous personalities
- Hard working ethic
- Fun-lovers
- Generosity

We're looking for:

- Bakers
- Drivers
- Counter service
- Preparer
- High school closers
- Farmers market



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GREAT HARVEST

BAKERY • CAFE

JANUARY BAKES

Johns Creek

Alpharetta

10305 Medlock Br Rd 4915 Windward Pkwy

t 770-622-0222 t 678-209-2229

www.getfreshbread.com



BAKER'S CHOICE

Our flavor combo changes each week. Subscribe to our emails to discover their choices

KING CAKES

Small or Large - Daily from Jan 6
Cinnamon swirled shaped cake-bread covered with a cream frosting, colored symbolic sprinkle sugar, festive decorations (& baby on side).

DAILY BAKES

- 🌾 **Honey Whole Wheat** - 5 ingredients!
Farmhouse White
- 🌾 **Dakota** - Nutritious seeds adds great texture
Cinnamon Swirl - customer favorite!
- 🌾 **Wheat** - softer version (PRE-ORDER)
Fruity Tootie Swirl - berries & white choc
- 🌾 **Rolls** - Virginia /Honey Wheat / savory
Calzone Pepperoni Pesto Parmesan (n)
- 🌾 **Cinnamon Roll (w/ frosting)**
Pumpkin Choc Chip - teacake/ muffin
- 🌾 **Low-Fat FRUIT Muffin**
Cinnamon Chip Cream Cheese Scone
- 🌾 **Dillon Cookie** - oatmeal choc chip
Sugar Frosted Cookie
- 🌾 **Savannah Bar** - Fruit n' oat cobbler
Chocolate Surprise Bar
- 🌾 **Cashew Nut Crunch Bar (n)**
- 🌾 **Bread Pudding Bar**
- 🌾 **Breakfast Boost** - grain/seed/fruit bar
Energy Bar (n)
- Biscotti** - various flavors
- Shortbread** - melt-in-your-mouth goodness!
- Gluten Free** - not for severe gluten intolerance
Bread - great for sandwiches
Goodies - Teacake, Muffin, Scone, Bar

MONDAY

- 🌾 **High5 Fiber** - fibrous flax filled w/ seeds
- Sourdough** - European style, 21yr starter
Sourdough - Savory 🧑🍳
- 🌾 **Living Lite** - Low calorie, low carb
Chocolate Scone 🧑🍳
Vegan Muffins 🧑🍳
- 🌾 **Oatmeal Raisin Cookie**

TUESDAY

- Baguette & Country French**
- 🌾 **Spelt (Organic)** - lower in gluten
- Spinach Feta** - w/ roasted red pepper
- Lemon Blueberry Teacake**
- Healthy & Wholesome** 🧑🍳
- Specialty Cookie** 🧑🍳

WEDNESDAY

- 🌾 **Salami & Cheese Roll**
- 🌾 **Living Lite** - Low calorie, low carb
- Sourdough** - European style, 21yr starter
- 🌾 **Wholegrain Sourdough** 🧑🍳
- 🌾 **Sprouted Wheat (Ezekiel)** - 5day sprout
- 🌾 **Morning Glory** - carrot, raisin, walnut, coconut
- Fruity Oat Scone**

THURSDAY

- Baguette & Country French**
- GoodTime** - crusty loaf w/ Gouda & Thyme
- 🌾 **Bee Fit Blueberry (n)**
- 🌾 **Rye (ON DEMAND)** -marble/pumpernickel
- Vegan Muffins** - Lemon Blueberry
- Blueberry Cream Cheese Scone**
- Chocolate Teacake** 🧑🍳

FRIDAY

- Sourdough** - European style, 21yr starter
- Sourdough** - Chunky Cheese Medley
- 🌾 **Living Lite** - Low calorie, low carb
- Challah** - brioche-like braided bread
- 🌾 **Apple Scrapple** - dates w/ cookie topping
Fruity Teacake 🧑🍳
- Turtle Pecan Scone**
- Oatmeal Raisin Cookie**
- 🌾 **Dakota Seed Date low-fat muffin**
- Savory Biscuit** - try as breakfast sandwich

SATURDAY

- Sourdough** - European style, 21yr starter
- 🌾 **Sourdough** - Chunky Cheese Medley
- Monkey Bread** - gooey sauce with frosting
- 🌾 **Made with freshly milled whole grain flour for best nutrition, flavor & texture**



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