

Alpharetta Johns Creek 10305 Medlock Br Rd 4915 Windward Pkwy t770-622-0222 t678-209-2229 www.getfreshbread.com

DAILY BAKES

Honey Whole Wheat - 5 ingredients! Farmhouse White

Obakota - nutritious seeds adds great texture Cinnamon Swirl - customer favorite! Tootie Frootie Swirl- berries & white choc **Rolls -** Virginia /Honey Whe63at / savory Calzone - Pepperoni Pesto Parm (n) OR Veg Cinnamon Roll (w/ frosting)

Pumpkin Choc Chip - teacake/ muffin

Low-Fat Fruit Explosion Muffin

Cinnamon Chip Cream Cheese Scone

Dillon Cookie - oatmeal choc chip Sugar Frosted Cookie

Savannah Bar - fruit n' oat cobbler Chocolate Bar

Lemon Bar Bread Pudding Bar

Energy Bar (n) / Harvest Bar

Biscotti - various flavors

Shortbread Cake Log w/ cream cheese

Gluten Free-Bread, Cake/Muffin, Scone

MONDAY

High5 Fiber - fibrous flax filled w/ seeds **Sourdough -** European style, 21yr starter Sourdough - Savory

- Living Lite Low calorie, low carb
- Seed @- may contain nuts Chocolate Scone 😭 Vegan Muffin - Lemon Blueberry
- Oatmeal Raisin Cookie

GF GLUTEN FREE - Plain Bread

Made with freshly milled whole grain flour for best nutrition, flavor & texture

TUESDAY Baguette

Italian / Country French

Cinnamon Chip -toaster/french toast ready Spelt (Organic) - lower in gluten Spinach Feta

Italian Savory Foccacia 😁 - ideal snack Seeded Bran Muffin (low-fat)

Lemon Blueberry Teacake Seasonal Cookie

WEDNESDAY Savory Roll

Baker's weekly choices published online & email Living Lite - Low calorie, low carb **Sourdough -** European style, 21yr starter Wholegrain Sourdough Sprouted Wheat (Ezekiel) - 5day sprout Morning Glory- carrot, raisin, walnut, coconut Oat Scone 🕾 Seasonal Cookie GFGLUTEN FREE - Pumpkin Choc cake/muffins THURSDAY Baguette Italian / Country French Savory Specialty Bread 🗑 Lemon Sunburst with cookie top **CALC** Rye (ON DEMAND) - marble/savory Vegan Goodie 👻 **Blueberry Cream Cheese Scone Cinnamon Swirl Teacake GF GLUTEN FREE - Almond cookies**

FRIDAY

Sourdough - European style, 21yr starter Sourdough - Chunky Cheese Medley Civing Lite - Low calorie, low carb **Cinnamon Chip** -toaster/french toast ready Challah - brioche-like braided bread Apple Scrapple - dates w/ cookie topping Seasonal Teacake 👻 Seasonal Scone 😭 Woodstock - seeds and nuts (n) Oatmeal Raisin Cookie Dakota Seed Date low-fat muffin Savory Biscuit 🗑

SATURDAY

Sourdough - European style, 21yr starter Sourdough - Chunky Cheese Medley Savory Roll @ - for brunch or on-the-go **Pretzels -** Bavarian-style soft 'n salty

GF Gluten Free - not recommended for severe gluten intolerance.



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Cinnamon Chip Cream Cheese Scone

Dillon Cookie - oatmeal choc chip **Sugar Frosted Cookie**

Savannah Bar - fruit n' oat cobbler

Chocolate Bar

Lemon Bar Bread Pudding Bar

Energy Bar (n) / Harvest Bar

Biscotti - various flavors

Shortbread

Cake Log w/ cream cheese

Gluten Free-Bread, Cake/Muffin, Scone

MONDAY

High5 Fiber - fibrous flax filled w/ seeds Sourdough - European style, 21yr starter Sourdough - Savory

- Living Lite Low calorie, low carb
- 🍅 Fruit 'n Seed 🎡 may contain nuts Chocolate Scone 😭

Vegan Muffin - Lemon Blueberry Oatmeal Raisin Cookie

GF GLUTEN FREE - Plain Bread

Ade with freshly milled whole grain flour for best nutrition, flavor & texture

TUESDAY

Baguette Italian / Country French **Cinnamon Chip** -toaster/french toast ready Spelt (Organic) - lower in gluten Spinach Feta Italian Savory Foccacia 😁 - ideal snack Seeded Bran Muffin (low-fat) Lemon Blueberry Teacake Seasonal Cookie **WEDNESDAY** Savory Roll Baker's weekly choices published online & email Living Lite - Low calorie, low carb Sourdough - European style, 21yr starter Wholegrain Sourdough Sprouted Wheat (Ezekiel) - 5day sprout Morning Glory- carrot, raisin, walnut, coconut Oat Scone 😭 Seasonal Cookie

GFGLUTEN FREE - Pumpkin Choc cake/muffins

THURSDAY Baguette Italian / Country French Savory Specialty Bread 🗑 Lemon Sunburst with cookie top **CALC** Rye (ON DEMAND) - marble/savory Vegan Goodie 😭 Blueberry Cream Cheese Scone **Cinnamon Swirl Teacake GF GLUTEN FREE - Almond cookies**

FRIDAY

Sourdough - European style, 21yr starter Sourdough - Chunky Cheese Medley Living Lite - Low calorie, low carb **Cinnamon Chip** -toaster/french toast ready Challah - brioche-like braided bread

Apple Scrapple - dates w/ cookie topping Seasonal Teacake 👻 Seasonal Scone 😭

Woodstock - seeds and nuts (n)

- Oatmeal Raisin Cookie
- Dakota Seed Date low-fat muffin Savory Biscuit 🗑

SATURDAY

Sourdough - European style, 21yr starter Sourdough - Chunky Cheese Medley Savory Roll 😭 - for brunch or on-the-go Pretzels - Bavarian-style soft 'n salty

GF Gluten Free - not recommended for severe gluten intolerance.