



GREAT HARVEST

BAKERY • CAFE
JOHNS CREEK • ALPHARETTA

BREAKFAST

The perfect place to start your day!



Classic Cheddar 650 cal.
Cheddar cheese, baked egg patty, garlic-herb spread on toasted Honey Whole Wheat bread

Classic Bacon 710 cal.
Bacon, cheddar cheese, baked egg patty, garlic herb spread on toasted Honey Whole Wheat bread

The Kickstart 690 cal.
Bacon, pepperjack cheese, baked egg patty, garlic herb spread, tomato slices on toasted white bread

The Fully Loaded 680 cal.
Ham OR Bacon, Swiss cheese, egg, avocado spread, garlic-herb spread on toasted Honey Whole Wheat

Skinny Sunrise 600 cal.
Egg-white only patty, avocado spread, spinach, light smear of garlic herb spread on Living Lite bread

The Morning Gobbler 720 cal.
Turkey, provolone cheese, baked egg patty, garlic herb spread on toasted seeded wheat bread

CUSTOMIZE: Add Tomato / Spinach / Bacon / Turkey / Ham

Toast from 100 cal.
2 slices of your bread choice toasted and served: Plain OR garlic-herb spread OR avocado spread

Cinnamon Roll (w/ cream cheese frosting on side)

CLASSIC SANDWICHES

Beyond Fresh.

Made-to-order and served cold with fresh romaine lettuce, tomato, red onion, deli mustard, and mayo served on Honey Whole Wheat or your choice of bread.

Classic Ham & Cheese 550 cal.
Half Sandwich option 225 cal.
Tender slices of black forest ham and Swiss cheese .

Classic Turkey & Cheese 520 cal.
Half Sandwich option 260 cal.
Lightly smoked turkey breast and Swiss Cheese .

Classic Roast Beef 570 cal.
Sliced roast beef and aged Provolone cheese .

☞ PB & J 560 cal.
Peanut butter and grape or strawberry jam.

SEE OVERHEAD MENUS FOR ALL PRICING

SOUP

Taste our freshly made soup of the day!

Made fresh daily. Soup served with a slice of grilled bread.
100-405 cal. Cup (12oz) or Bowl (16oz)

Soup of the Day: see lobby poster
We use Frontier Soup Starter mixes to make our soups, combined with fresh vegetables (& meat) and homemade broth. Frontier Soup mixes are sold in our lobby for you to recreate the same yummy flavor!

☞ **Friday:** Tomato Pesto (Roasted tomatoes with homemade walnut pesto)



Soup & Sandwich Combo 400- 830 cal.
Cup of your choice of soup served with a half-sandwich on Honey Whole Wheat:

- ☞ Louisville Chicken Salad
- Tuna Salad
- Ham & Cheese
- Turkey & Cheese

SIGNATURE SANDWICHES

Fresh made with simple ingredients.

Made-to-order and served cold with fresh romaine, tomato, and red onion.
Available on any bread choice.

California Cobb 550 cal.
Lightly smoked turkey breast and crispy bacon with avocado and herbed-garlic spread with bleu cheese crumbles on Honey Whole Wheat bread.

Bleu Roast Beef 650 cal.
Roast beef and homemade herb-garlic cheese spread with bleu cheese crumbles on Focaccia.

☞ **Louisville Chicken Salad** 760 cal. / Half 310 cal.
Chunks of white meat chicken mixed with homemade herbed mayo and seasoned pecans on Honey Whole Wheat bread.

Tuna Salad 620 cal. / Half 310 cal.
Chunk tuna mixed in a homemade herbed mayo dressing on Honey Whole Wheat bread.

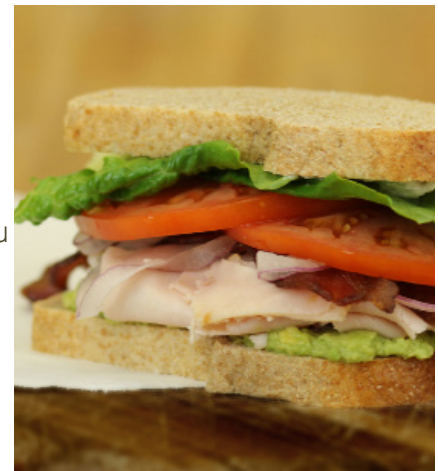
☞ **Mediterranean Madness** 510 cal.
Provolone cheese, cucumber, bell pepper, carrots, black olives, and spinach with our homemade walnut pesto and avocado spread on a seeded whole grain seeded bread .

☞ **Veggie Three-Seed Hummus** 540 cal.
100% Vegan. Homemade three seeded hummus, Avocado, grated carrots, sliced cucumber, red onion, tomato, romaine lettuce & spinach. Served on whole grain seeded bread.

Skinny Mini 330 cal.
Smoked turkey, cucumber, bell pepper, and carrots with deli mustard on our Living Lite (low cal/low carb/high protein) bread.

Baja Chipotle Turkey 630 cal
Smoked turkey breast with a chipotle honey lime yogurt sauce, shaved cabbage, pickled red onions, tomato, avocado, pepper jack cheese served on Honey Whole Wheat bread.

☞ **Baja Veggie** 450 cal
Avocado, shaved cabbage, pickled red onions, tomato, pepper jack cheese with a chipotle honey lime yogurt sauce served on Honey Whole Wheat bread.



SEE THE OTHER SIDE FOR HOT SANDWICHES, SALADS, AND GRAIN BOWLS!

GRAIN BOWLS & SALADS

The Greatest Thing Since Sliced Bread!

All salads are made-to-order and are served with a slice of grilled bread.



1. CHOOSE SALAD BASE:

✓ Garden Salad

110 cal.

Crisp field greens and romaine lettuce with cucumbers, roasted bell peppers, carrots, tomatoes, homemade croutons, and wheat berries.

House-made Balsamic vinaigrette recommended.

✓ Garden Grain Bowl

530 cal.

Amazing combination of spinach & mixed greens, chopped roasted almonds, sunflower seeds, Feta or Parmesan cheese and fresh sliced fruit. Tossed with wheat berries and quinoa.

House-made Balsamic vinaigrette recommended.

✓ Sesame Bowl

🌰 520 cal.

Mixed greens and crunch cabbage strips, shredded carrot, wheat berries, quinoa, roasted cashews, salted peanuts, sesame seeds.

House-made Honey Miso Vinaigrette recommended

2. ADD PROTEIN (OPTIONAL):

Baked Chicken Breast 180 cal.

🌰 Pecan Louisville Chicken Salad

410 cal.

Diced chicken breast, chipotle seasoned pecans mixed in our special in-house herbed mayo.

Tuna Salad

380 cal.

A scoop of albacore tuna mixed in with our famous herbed mayonnaise.

3. CHANGE DRESSING:

Change the paired dressing and choose from:

- House-made Balsamic Vinaigrette,
- House-made Asian Miso (contains Sesame oil)
- Ranch
- Blue Cheese

KID'S SANDWICHES

Ages 12 and under.

Served on your choice of bread with fresh fruit and small drink.

Classic Ham or Turkey & Cheese

510 cal.

Lightly smoked turkey breast or ham and Provolone Cheese.

✓🌰 PB & J

560 cal.

Home Run peanut butter and grape or strawberry jam. Pepita butter (pumpkin seed) also available.

🌰 Contains nuts

HOT OFF THE GRILL

Get it hot, get it fresh, get it now!

Made-to-order and served with fresh romaine, tomato, and red onion. Available on any bread choice.

Spicy Smoked Turkey

800 cal.

Smoked turkey breast, roasted peppers and onions, melted pepper jack cheese with a chipotle mayo on grilled Focaccia.

Johns Creek Club

800 cal.

Turkey, ham and melted cheddar cheese with chipotle mayo on a grilled, seeded whole grain bread.

Roasted Pepper Cheesesteak

750 cal.

Roast beef, roasted peppers and onions, melted provolone cheese with a sun-dried tomato pesto spread on grilled Focaccia.

BBQ Cheddar Chicken

610 cal.

Hot chicken breast, melted cheddar cheese, and crispy bacon with a smoky honey barbeque sauce on grilled Focaccia

Tuscan Chicken

780 cal.

Provolone melted over a hot chicken breast, with a sundried tomato pesto spread on grilled Focaccia.

Best Ever BLT

560 cal.

Lots of crispy bacon, romaine lettuce, and tomato served on toasted Honey White bread.

✓ Groovy Grilled Cheese

690 cal.

Our version of an old favorite, made with a light herb spread, sharp cheddar and Swiss cheeses on Honey White bread.

Add: smoked ham / tomato
crispy bacon / spinach



DRINKS *More drinks available in the cooler.*

Fountain Drinks / Iced Tea

22oz

Orange Juice / Apple Juice

San Pellegrino

Water - Still or Sparkling

Bottled Fruit Drinks

COMBOS *Make it a meal.*

Add Chips and a Fountain Drink 200-500 cal.

Add Cookie and a Fountain Drink 300-500 cal.

Choose from our daily special cookie or our Dillon Cookie (Whole Grain - Oatmeal Chocolate Chip)

10305 Medlock Bridge Road • Johns Creek, GA 30097
770-622-0222

4915 Windward Parkway • Alpharetta, GA 30005
678-209-2229

